

ATHLETE DEVELOPMENT PROGRAMS

Fall 2018

September 24th – December 31st

(17 WEEKS)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 am 9:00 am							
12:00 pm 1:00 pm						S ² A	KIDS MOVEMENT
1:45 pm 3:00 pm	SPORTS ACADEMY HOCKEY ACADEMY	SPORTS ACADEMY HOCKEY ACADEMY	SPORTS ACADEMY HOCKEY ACADEMY	SPORTS ACADEMY HOCKEY ACADEMY	SPORTS ACADEMY HOCKEY ACADEMY		
4:30 pm 5:30 pm	S ² A	S ² A	S ² A	S ² A	KIDS MOVEMENT (4:00 - 5:00pm)		