

TWIST SUMMER SWEAT

GET YOUR

SWEAT ON

AT TWIST THIS SUMMER!

SEASON STARTS JULY 3
#TwistSummerSweat

GROUP
TRAINING
special

20% OFF
Unlimited Group Training

**For clients new to TWIST Group
Training. Register by July 13**

INTRO TO
PERSONAL
TRAINING
special

\$225
(4 sessions - 60 minutes ea.)

**For clients new to TWIST Personal
Training. Register by July 31**

*...because summers
are for sweating at the beach
and at the gym!*

TWIST
PERFORMANCE
+ WELLNESS

www.twistperformance.com