



Spring
CLEANING
AT **TWIST**

TIME FOR A FRESH START

1 CLEAN UP YOUR HEALTH

2 for 1 Unlimited Group Training Memberships. Train with a friend and receive 2 months for the price of 1.

For clients new to group training.

2 CLEAN UP YOUR FORM

Save \$100 on our 6 Pack of Personal Training.

For clients new to personal training.

3 CLEAN UP YOUR EATING

Save \$100 on our 4 Week Customized Meal Plan and Nutrition Consultation.

**MARCH 18
TO MAY 15**

PROMOS MAY VARY PER LOCATION

TWIST
PERFORMANCE
+ WELLNESS

www.twistperformance.com